



Hexton JMI School

✉ Hexton, Hitchin, Hertfordshire, SG5 3JL

☎ 01582 881248

🌐 www.hexton.herts.sch.uk

✉ admin@hexton.herts.sch.uk

Interim Headteacher: Miss Pidgeon

Tuesday 14th December 2021

Dear Parents/Carers,

Today the Government introduce Plan B to combat the increase wave of infection from COVID-19. The rules around self-isolation will change for those people who have been in contact with someone that has tested positive with COVID-19.

The press release states:

From Tuesday 14 December, people who are fully vaccinated and identified as a contact of someone with COVID-19 – whether Omicron or not – should take an NHS rapid lateral flow test every day for 7 days to help slow the spread of COVID-19.

People will be contacted by NHS Test and Trace by phone, email or text or they will receive a notification from the NHS COVID-19 app to tell them they are a contact of someone who tested positive and what action they need to take.

They will be advised to get a box of 7 lateral flow tests free of charge from NHS Test and Trace either through pharmacies or home delivery by ordering online. People are encouraged to use the tests they already have at home before ordering more. People should take these tests from the day they are notified as being a contact and report their results to NHS Test and Trace on GOV.UK or by calling 119.

Daily rapid testing applies to all contacts who are:

- **fully vaccinated adults** – people who have had 2 jabs or 3
- **all children aged 5 to 18 years** and 6 months, regardless of their vaccination status (this is a change from previous guidance)
- people who can prove they are unable to be vaccinated for clinical reasons
- people taking part, or have taken part, in an approved clinical trial for a COVID-19 vaccine

Under 5s are exempt from self-isolation and do not need to take part in daily rapid lateral flow testing.

It would be advised (if you have them) to use the newer, nasal only, testing kits with children, rather than the older version which requires a throat and nose swab which could be used for adults in the household.

If you, or your child, have a positive lateral flow test, then you should arrange a PCR test and isolate until the results come through. If they are negative, you should continue to do a daily lateral flow test and you can move about as usual. If it a positive result, you should isolate for ten days.



Hertfordshire County Council





Hexton JMI School

✉ Hexton, Hitchin, Hertfordshire, SG5 3JL

☎ 01582 881248

🌐 www.hexton.herts.sch.uk

✉ admin@hexton.herts.sch.uk

Interim Headteacher: Miss Pidgeon

Track and trace remain the people to let you know if you need to self-isolate. However, it is very important to let us know of any positive LFT or PCR tests, so we can monitor numbers across the school and inform any extremely vulnerable pupils and staff that they may be close contacts. If numbers increase, we will need to activate our 'Outbreak Management Plan' – we will let you know what this means for everyone via a letter should this be put into place.

You can pass on this information by calling the office during school hours or by emailing admin@hexton.herts.sch.uk if it is after or before school.

Many thanks for your support and we hope you all keep well and safe over the Christmas holidays.

Yours sincerely

Miss Pidgeon