PSHE Websites

General information

The PSHE association: <u>http://www.pshe-association.org.uk/</u> BBC learning zone: <u>http://www.bbc.co.uk/schools/websites/11_16/site/pshe.shtml</u>

Drugs, smoking and alcohol education

Talk to frank: <u>http://www.talktofrank.com/?&gclid=CJehuJGM77MCFW_KtAodyVoAAw</u> Hope UK: <u>http://www.hopeuk.org/</u> Kenward trust: <u>http://kenwardtrust.org.uk/</u> Drink aware: <u>http://www.drinkaware.co.uk/</u> NHS Smokefree: <u>http://smokefree.nhs.uk/</u> Quit smoking: <u>http://www.quitbecause.org.uk/</u> Drug free world: <u>http://www.drugfreeworld.org/</u>

Discrimination and prejudice:

Tackling racism: <u>http://www.tackling-racism.co.uk/</u> Homophobia: stonewall: <u>http://www.stonewall.org.uk/at_home/sexual_orientation_faqs/2697.asp</u> BBC challenging stereotypes: <u>http://www.bbc.co.uk/schools/pshe_and_citizenship/personal_wellbeing/relationships/challenging_discrimin_ation/</u>

<u>Safety</u>

Get safe online: <u>http://www.getsafeonline.org/</u> e-safety kent: <u>http://www.kent.gov.uk/childrens_social_services/protecting_children/e-safety.aspx</u> Think u know: <u>http://www.thinkuknow.co.uk/</u>. Kent fire and rescue: <u>http://www.kent.fire-uk.org/your_safety.aspx</u> Think! Road safety: <u>http://think.direct.gov.uk/</u> Cyber mentors: <u>http://www.cybermentors.org.uk/</u> Brake road safety: <u>http://www.brake.org.uk/</u>

Mental health:

Don't call me crazy BBC http://www.bbc.co.uk/programmes/p01b86w5

Depression http://www.mind.org.uk/blog/8784 depression the enemy within

Male suicide http://www.mind.org.uk/blog/8560 worrying statistics show an increase in male suicide Bipolar http://www.mind.org.uk/blog/9193 bipolar disorder and me OCD http://www.mind.org.uk/blog/9193 bipolar disorder and me OCD http://www.mind.org.uk/blog/9193 bipolar disorder and me OCD http://www.bbc.co.uk/news/magazine-23412085 Mental wellbeing http://www.nhs.uk/Conditions/stress-anxiety-depression/Pages/improve-mental-wellbeing.aspx -Anxiety http://www.mind.org.uk/blog/8509 when anxiety kicks in Young minds http://www.youngminds.org.uk/

Finance and careers:

Natwest money sense: <u>http://moneysense.natwest.com/schools/schools</u> National careers service: <u>https://nationalcareersservice.direct.gov.uk/advice/Pages/default.aspx</u> Connexions: <u>http://www.connexions-tameside.com/</u>

Bereavement:

Child bereavement <u>http://www.nhs.uk/Livewell/bereavement/Pages/children-bereavement.aspx</u> Bereavement <u>http://www.nhs.uk/Livewell/bereavement/Pages/coping-with-bereavement.aspx</u>. Losing someone life story.<u>http://www.nhs.uk/Livewell/bereavement/Pages/sarah-phillips-bereavement-story.aspx</u>

Sexual Abuse:

http://www.bbc.co.uk/learningzone/clips/i-never-said-yes-jane-s-story-juries-in-courts/14375.html http://www.bbc.co.uk/learningzone/clips/i-never-said-yes-attitudes-towards-sex-and-what-menthink/14372.html

http://www.bbc.co.uk/learningzone/clips/i-never-said-yes-attitudes-towards-sex-and-what-menthink/14372.html

http://www.bbc.co.uk/learningzone/clips/i-never-said-yes-laura-s-story-partner-rape/14373.html

http://www.bbc.co.uk/learningzone/clips/i-never-said-yes-natalie-s-story-gang-rape-and-the-role-of-thepolice/14374.html

<u>Self harm:</u> Self Harm <u>http://www.bbc.co.uk/learningzone/clips/coping-with-self-harm/11900.html</u> Mind http://www.mind.org.uk/mental health a-z/8006 self-harm Harmless: http://www.harmless.org.uk/